



# BFHA FLIER

The official newsletter of the Baltimore Field Hockey Association

## GET OUT THERE AND PLAY...

### Summer Season of Sticks

BFHA's summer hockey league will run every Monday from June 2<sup>nd</sup> to August 4<sup>th</sup>, 2010 (with the exception of a few Tuesdays and Wednesdays – see schedule at [www.bfha.org](http://www.bfha.org)). There will be 5 teams again this year playing a round robin of 4, 20 minute games each night. Early registration is open until May 26, and late registration until June 10, 2011. Go to [www.bfha.org](http://www.bfha.org) to click on the Registration Link. Registrations are received on a first come first serve basis so sign up soon!

### Summer Smash FH Tourney

The 3rd annual Summer Smash 7v7 tournament for Adults and U14 players will be on July 23<sup>rd</sup> and 24<sup>th</sup> at Cedar Lane Parks in Howard County, MD. The U16 and U19 teams will play 11v11 on July 16th and 17<sup>th</sup>. Cost is \$350 per team for a 6 game minimum played on turf. This tournament fills up quickly so register soon! Go to [www.bfha.org](http://www.bfha.org) for the registration link.

### Allied Playday

Allied Playday is a chance for high school teams, players, and officials to practice and polish up their skills on the field prior to the start of their Fall hockey season at school. This year the playday will be on **August 20, 2011** at Church Lane Elementary School in Baltimore, MD. The day will run from 8 am to 5 pm and will be split into morning, early afternoon, and late afternoon sessions. Teams will play 3, 27 minute games during their assigned session.

Please visit [www.bfha.org](http://www.bfha.org) for registration details or email Richard Hegmann at [rhegmabb@bcps.org](mailto:rhegmabb@bcps.org).

### 12<sup>th</sup> Annual Beach Bash!

The 12th Annual Beach Bash in Rehoboth Beach, DE was a success! There were 42 participating teams this year split across 4 divisions. This year the new schedule format was great and allowed everyone to relax a bit more and enjoy time off the fields as well. It is a pleasure to announce the 4 division champions and runners-up from this year's tournament. The champion in the Adult Mixed Division was Heineken who defeated ECM in a close match 1-0. In the Women's division Second Effort took the title after defeating Washed Up 2-0. In the High School Division I, H2O defeated Team Chesapeake 2-0 for the win! In the High School Division II Seton Keogh Gators took the win by defeating DE Shore 3-2 in penalty strokes. Congratulations to everyone!! A special thanks goes out to Behind the Back for donating the Championship shirts and to Malik for creating the Trophies. Thank You!!!

The MVP in HS Division I goes to Christina Conrad from H2O and in Division II, Meredith Andrews from, Seton Keough! Great Job Girls!!

## BFHA APPAREL!!!

BFHA will be offering new gear this year with our own BFHA logo on it! If you are interested in anything particular please send your ideas to Jenny Hughes at [jmhue016@yahoo.com](mailto:jmhue016@yahoo.com). Stay Tuned...We hope to be able to place orders this Fall!

## UP TO SPEED

### Beach Bash Skills Challenge!

In an effort to raise money for the tournament budget and to spice things up a bit a Skills Challenge was set up and was a success! A Goal Flick and the Bucket Scoop were the two challenges to master. After each player finished the two challenges, both scores were combined and put on the list of scores to beat! At the end of the two days the top scorer for the Adults was Shannon Troyer, scoring 9 points just above Jesse Larson who scored 8 points! The High School division ended in a tie with Ali Sewell of Easton and Jess B. from Long Reach each with 5 points! After sudden death shots toward the 2 point shot, Ali Sewell won the victory by sinking the first 2 point shot! Congratulations to both winners and runner ups! For pictures of this event go to [www.bfha.org](http://www.bfha.org).

### Online Auction

BFHA is hosting it's first ever Online Auction, commencing this June which is right around the corner!!! Many donations are needed to use as auction items. Ideas for items include gift cards, new merchandise, crafts, baking services, and other contributions from local businesses. We need your help to make this happen! Contact Harper Kubicek at [harper.kubicek@gmail.com](mailto:harper.kubicek@gmail.com) to contribute any items.

### BFHA Indoor Team League

The team league finished its third year with good competition. Four teams competed against each other this season including Pineapple Express, Maryland Scorpions, Heineken, and Heineken Light. There was a lot of intensity and high skill levels this year. Heineken pulled through to defeat last year's champions, The Maryland Scorpions. As another team wins in its first year, it will be exciting to see who will be coming in next year to battle for bragging rights. Stay tuned....Next year may come with new times and formats. Due to low numbers of participation this year the format of 2012 Indoor League will run similar to summer league where all players will play with their same team each week. Please pass this on to your friends who may have dropped out this year in hopes they will rejoin us for next year's season.

### BFHA Indoor HS League

The high school league hosted 8 teams this year! After having instruction on the rules of indoor and how to properly execute the common indoor plays, the high school league was a great success. The standings for the league are as follows. 1. Lightning; 2. Gators; 3. Thunder; 4. Knights; 5. Mavericks; 6. Enigma; 7. Strikers; 8. Edgemere Elite.

### United Airlines

United Airlines offering a 5% discount off of all flights for you and your friends/family to all USA FH Events. Just go to [www.united.com/usoc](http://www.united.com/usoc) to book your flight and enter FH code 563ea to receive your discount. Go to [www.usfieldhockey.com](http://www.usfieldhockey.com) to view a list of all USA sanctioned events. Enjoy your trip!





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## Penalty Shootouts instead of Penalty Strokes??

A Penalty Shootout Competition may soon replace the Penalty Stroke Competition here in the U.S. This change was put to the test for the first time in the last round of the FIH tournaments called the Champions Challenge II, held in Vienna from May 7-15, 2011.

FIH Competitions Committee states that Penalty Shootouts ultimately better replicate a real game situation and require more skill. For these reasons it was determined that Penalty Shootouts are a better way to determine a tied match. For now, a Penalty Shootout will only be used in classification matches like quarter finals, semi finals and medal games. Games not in these categories may still end in a tie.

A **Penalty Stroke** is a single shot by an attacker against the goalkeeper. The ball is placed in the center of the 7 yard spot. When the whistle is blown, the attacker takes a single shot on goal and may not play the deflection off the goal keeper's pads. In a **Penalty Shootout**, the ball is placed at the center of the 25 yard line with an attacker next to it and the goalkeeper behind the goal line. When the whistle is blown, both players may move for a 1v1 challenge. Once the whistle is blown there is an 8 second window in which the attacker must have the ball in the back of the net. The attacker may play the ball off the goal keeper's pads until time has expired. There will be 5 attacks from each team with sudden death being implemented if required.

Penalty Shootouts will be taken at the end of all classification games (crossovers, semi finals, and finals) which must have a winner. All other regulation games ending in a tie will remain as such. A Penalty Stroke will also remain the same during normal time at all regulation and classification games for offenses that require more than a Penalty Corner.

Practice your 1v1's and stay prepared to be in a Penalty Shootout sooner than you think!

## Protective Eyewear for High School Players now required!

A new rule was published in the **NFHS Rules** that mandates all high school players to wear protective eyewear during all minutes of play during games starting in Fall 2011 season. Go to [www.btbsport.com](http://www.btbsport.com) or [www.longstreth.com](http://www.longstreth.com) to view/purchase different types of eyewear available. **FIH Rules** do allow players to wear protective eyewear during play however, it is not mandatory to wear during the whole game, only on corner plays. For more information on the rules of acceptable protective eyewear go to [www.usfieldhockey.com](http://www.usfieldhockey.com).

## The Success of BFHA...

Want to help support the sport we all love so much? BFHA is a volunteer organization where current members of the board organize and run all leagues and events. We are always looking for new board members and volunteers. If you are interested in helping out with upcoming events or would like to join the board please contact Jennifer Hughes at [jmhue016@yahoo.com](mailto:jmhue016@yahoo.com) or Tracy Boettinger at [spaceyfh17@yahoo.com](mailto:spaceyfh17@yahoo.com).

## 2009 Board Members

PRESIDENT	Tracey Boettinger
PRESIDENT ELECT	There are no current nominations.
VICE PRESIDENT	Jennifer Hughes
TREASURER	Kerry Murawski
SECRETARY	Kimberly Gado
INDOOR PICK UP LEAGUE (ADULT)	Chad Goodnight/Michelle Geczy
INDOOR TEAM LEAGUE (ADULT)	Tracey Moher / Stacie Gado / Alvaro Salcedo / Jesse Larson
INDOOR LEAGUE (HIGH SCHOOL)	Tracey Boettinger / Natalie Beck / Katie McGuire
INDOOR TOURNAMENT (HIGH SCHOOL)	Kerry Murawski / Tracey Boettinger / Zehra Nizami
INDOOR TOURNAMENT (ADULT)	Devin William / John Marsh / Kristy Mumma
BEACH BASH	Patti & Carey Webb / Donna Youngberg / Stacie Gado / and BB Committee
SUMMER LEAGUE (ADULT)	Richard Hegmann / Tracey Moher / Kerry Murawski / Kirsty Carrihill-Knoll
SUMMER LEAGUE (HIGH SCHOOL)	Currently no high school summer league
ALLIED HIGH SCHOOL PLAYDAY	Richard Hegmann / Kimberly Gado / Becky Lamborn
FALL CLUBS	Josie Worthington / Devin Williams / Chad Goodnight, / Julia Drewes
FALL ASSOCIATION / SCHEDULE	Tracey Moher / Natalie Beck
SOUTHEAST TOURNAMENT	Samantha Saveri / Natalie Beck / Katie Babus
SOUTHEAST BOARD MEETING	Stacie Gado
TOURNAMENT TEAM ORGANIZERS	Natalie Beck
PLAYER REPRESENTATIVE	Michelle Geczy / Alvero Salcedo / Louise Smith
FUNDRAISING	Harper Kubeick / Katie Babus / Kirsty Carrihill-Knoll/ Zehra Nizami
WEBSMASTER	Michelle Geczy
MARKETING	Diana Hegmann / Bill Pullin / Erica Gelb
SOCIAL CHAIRS	John Marsh / Katie Babus / Kirsty Carrihill-Knoll

## Amazon.com

Each time you visit [www.bfha.org](http://www.bfha.org) and shop at Amazon.com, a percentage of your purchase proceeds are paid to BFHA. So far, BFHA has earned nearly **\$200** from Amazon users just from an extra click of a button! All you have to do is go to amazon.com via the BFHA link. Tell your friends and family to start shopping now and earn BFHA some **FREE BUCKS!!**

Jennifer Hughes  
5.15.2011

